

A List Events International

Cairns Melbourne Shanghai



International Diagnostic Preventive Health Program



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Complete virtual and in depth health assessment by renowned German physicians specialising in high end diagnostics

Advanced non-invasive diagnostic screening technologies

Personalised VIP Service from start to finish

Comprehensive and quick full body test results and follow up health care with prevention plan



WHAT IS DIFFERENT?

Computer Tomography (CT) is usually combined with a Positron Emission Tomography (PET) and is a well-established method which is called PET-CT.

The Diagnostic clinic in Munich however uses the PET-MRT method, which allows those images via a specific software to be combined and is a relatively new diagnostic examination method. In doing so, PET images are now not combined with CT images but with the ones of the Magnetic Resonance Tomography (MRT).

One decisive advantage of this method, compared to similar methods like the PET-CT, is the avoidance of exposure to full body radiation.

The PET(The Positron Emission Tomography) and the MRT(Magnetic Resonance Tomography) complement one another exceedingly well because each method provides specific information of the patient's anatomy and state which the other method cannot provide. Additionally, the MRT examination exclusively already disposes of a higher information density than any other image guided method. Besides being able to visualize anatomic details which cannot be generated by other methods it is also superior to the PET-CT with regard to detection of minor tumour and changes throughout the body. Therefore past experiences refer to the PET-MRT method as the combination method of the future.

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Germany as a Medical Tourism Destination

Germany is a medical tourism destination for people seeking advanced medical technology, high standards, safety, and quick treatment.

German law requires hospitals maintain quality standards under government supervision.

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Munich

Munich is Bavaria's beautiful capital and southern Germany's primary city.

It is a getaway to the amazing Alps, beautiful fairytale castles, stunning lakes and home to the popular Oktoberfest.

During your visit, you will be taken on a private tour of the city's most famous sights - Marienplatz, National Opera House, Munich Residence Castle or an individualised tour specific to your interests



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Diagnoseklinik München

Diagnoseklinik München is the modern private prevention and diagnosis medical clinic in Europe.

The clinic boasts over over 100 diagnostic specialists who provide VIP priority service with no waiting times.

State of the Art Diagnostic equipment and exceptional software technology makes this clinic a leader in gene analysis, thorough internal body scanning and very early cancer and tumor detection.



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Health Program Contents

Medical History Review and Examination

Includes echocardiogram, ultrasound, laboratory tests, audiometry, optometry

Lifestyle Assessment

Detailed profiling of stress levels, nutrition and body composition as disease risk indicators

Non-Invasive Diagnostic Screening

For early detection of cancer, heart disease and other serious health concerns

Individual Gene Analysis

Understanding your predisposition to certain diseases

Test Results and Medical Coaching

Includes bilingual recommendations for follow up, prevention and treatment at home



Benefits of Non-Invasive Diagnostic Screening

- ▶ Completely virtual navigation
- ▶ No incisions, catheters or endoscopes
- ▶ No risk of infections
- ▶ No exposure to radiation
- ▶ 360 degree imagery
- ▶ No blind spots
- ▶ More time to do more in depth analysis
- ▶ Precise, pin-pointed and directional navigation



Non-Invasive Diagnostic Screening Procedures

Virtual Endoscopy

- ▶ Comprehensive viewing of internal organs
- ▶ Uses UFCT and MRI

Virtual Bronchoscopy

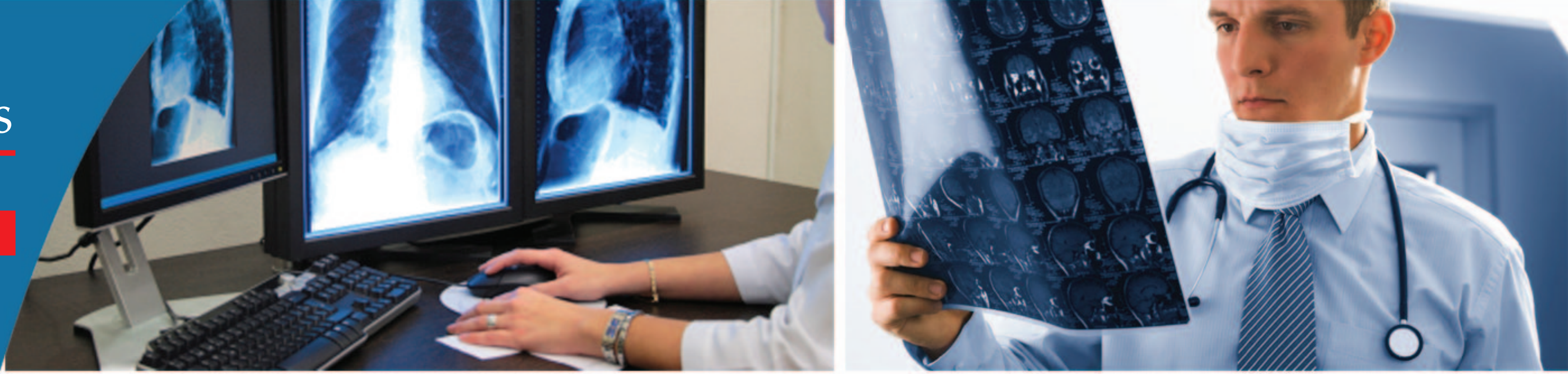
- ▶ Bronchial area and lungs
- ▶ Detect even the smallest abnormalities or irregularities

Virtual Coronary Angiography Diagnostics

- ▶ Bones, blood vessels and arteries
- ▶ Best diagnostic procedure for carotid artery
- ▶ Detect risks of heart attacks and stroke even earlier than other scans

Digital Mammography

- ▶ Detect breast calcification disorders
- ▶ Also used for more precise biopsy guidance than normal mammography



Non-Invasive Diagnostic Screening Procedures

MRI Tomography

- ▶ Detection of even smallest tumours
- ▶ Blood circulation disorders and other changes
- ▶ Only takes 20 seconds

Virtual Angiography Diagnostics

- ▶ Detailed analysis of bones, blood vessels and arteries
- ▶ Detect risks of heart attacks and stroke

Position Emission Tomography (PET)

- ▶ Full Body and Skull
- ▶ Smallest cancer tumours detected
- ▶ Alzheimer diagnosis
- ▶ Measures sugar metabolism in the body which is raised dramatically when cancer cells are present as they have high energy requirements



Individual Gene Analysis

Our genetic disposition makes up for 25% of our susceptibility to diseases.

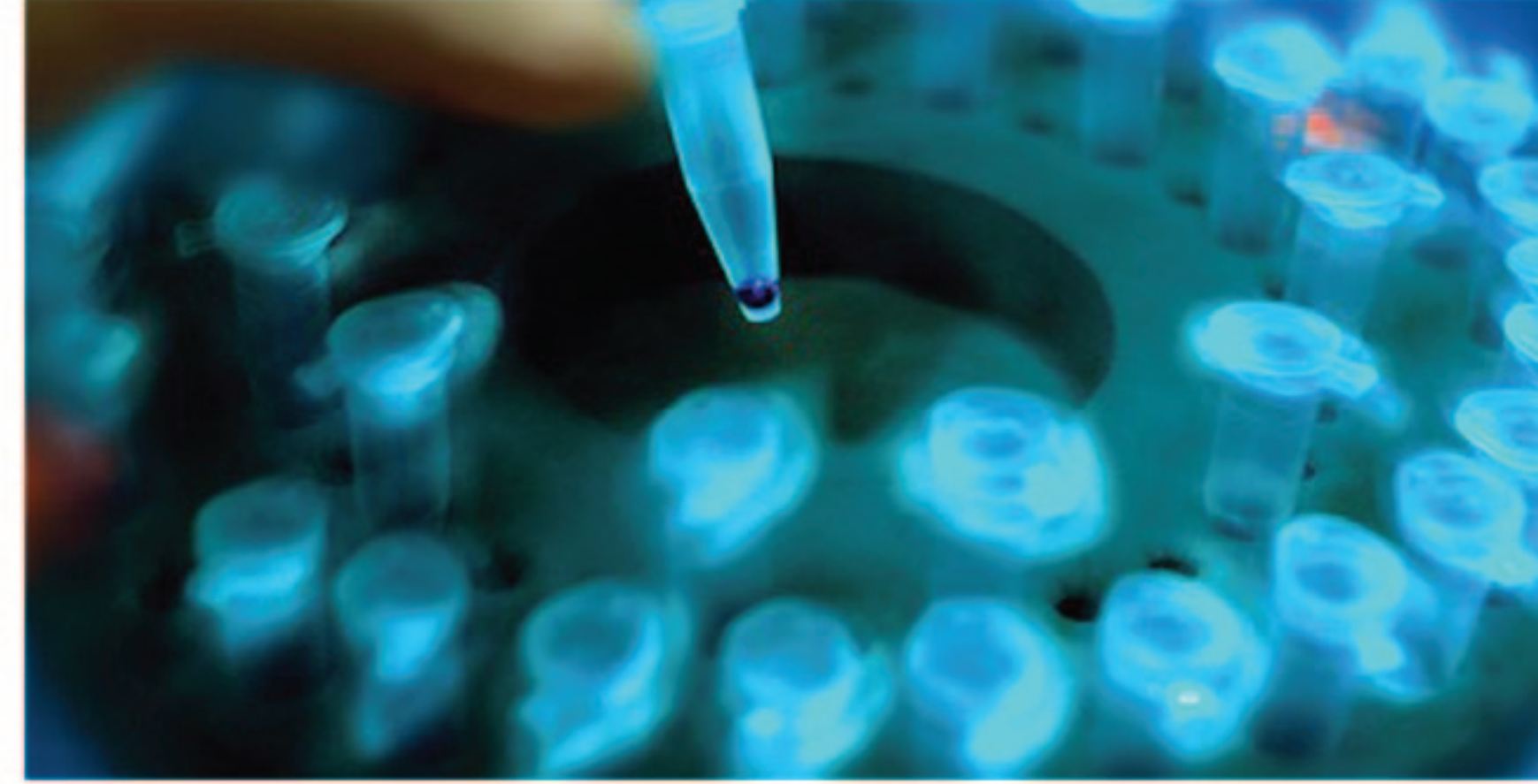
From the analysis of a small amount of cells from your mouth, your predisposition for many diseases can be determined.

A 80% full report will be provided on the next day following your analysis by a German diagnostic specialist and translated by a Chinese doctor.

Up to two weeks after the test has been conducted, a report will be sent to your personal doctor to discuss with you further steps that can be taken in China.

Your doctor will then advise you on the individual lifestyle adjustments you can make

You will only need one gene analysis in your lifetime



Optional Screening Test

Virtual Colonoscopy

Recommended every 3-5 years for people over 40 years of age

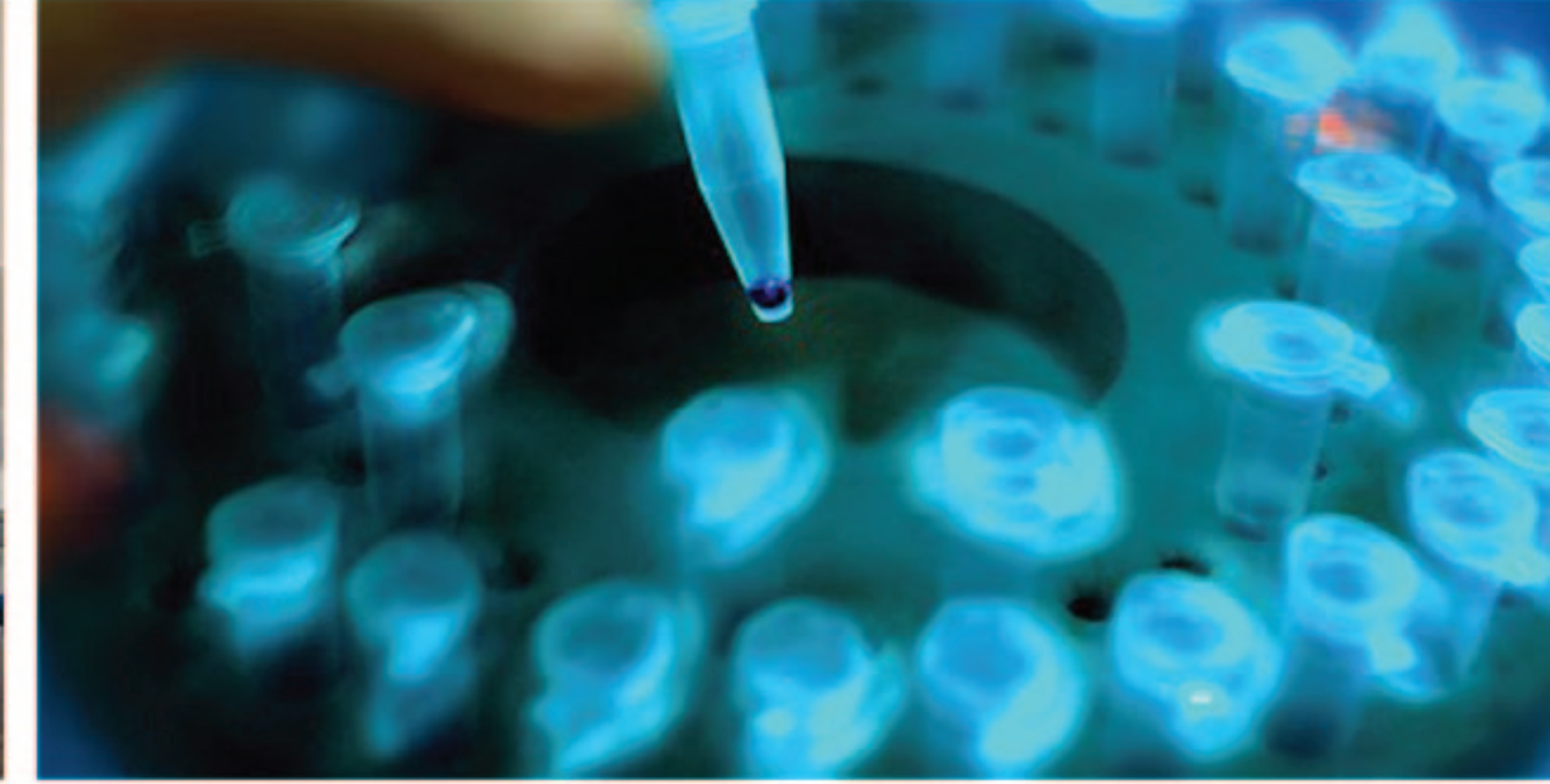
- ▶ NO overnight stay necessary and painless since done virtually
- ▶ Early detection of stomach and intestinal polyps and tumours
- ▶ Examinations of hereditary intestinal diseases
- ▶ Diagnosis of inflammatory intestinal diseases
- ▶ Diagnosis of intestinal ulcers
- ▶ Planning of intestinal surgery
- ▶ Follow-up examination after intestinal surgery
- ▶ Intestinal stenosis



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Follow Up and Medical Coaching

Within 15-20 days of your return home, your complete medical test results and reports will be couriered to us and translated into Chinese if needed.

We will schedule a personal meeting for you with a local medical specialist who will:

- ▶ Discuss the results and reports in detail
- ▶ Pass on recommended advice for medical treatment and lifestyle changes as suggested by the Diagnoseklinik München team
- ▶ Schedule follow up treatments as necessary

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Health Program Sample Itinerary

Day One - Departure

23:00 - Departure from Shanghai

Day Two – Arrival and Munich City Tour

5:30 - Arrive in Munich and transferred to hotel

14:00 - City tour of Munich

17:00 - Enjoy a puppet dance at Munich Rathaus

19:00 - Dinner at a traditional popular Munich nightspot

Day Three -Tour of Munich surrounding area

Visit Schloss Nymphenburg, Classical Gallery and Deutsches Museum

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Health Program Sample Itinerary

Day Four -Medical Checkup

Get up early without breakfast

8:30 - Whole day health program at

Diagnoseklinik München

19:30 - Dinner at a popular Munich restaurant

Day Five -Results and Medical Coaching

AM - Checkup results and Medical Coaching at Diagnoseklinik München

PM - Free time for Munich Shopping and Sightseeing

21:30 - Return flight to Shanghai

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Health Program Package Price
Euro 29,800 single
Euro 23,500 per person (twin share)

Accommodation

4 nights' stay at Bayerischer Hof or Mandarin Oriental including breakfast

Transportation

Luxury limousine transfers throughout your stay

Private Bilingual Host

Professional Chinese host throughout your stay

Food and Beverage

Premium Chinese /Western meals and drinks throughout your stay
(Menu confirmed in advance)

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Health Program Package Price
Euro 29,800 single
Euro 23,500 per person (twin share)

Complete Medical Program
As detailed (Cost of follow up treatments not included)

Admission fee to tourist destinations
Munich Residenz, Schloss Nymphenburg, and Deutsches Museum

Flights
Round-trip business class flights with Lufthansa Air Lines and VIP access at
Munich International Airport

Visa
Visa application fee and VIP fast track

Insurance
Full travel insurance with AIG

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BAYERISCHER HOF

Hotel Option 1: Bayerischer Hof

Bayerischer Hof, is one of our accommodation recommendations. This is a world-class luxury hotel located in the heart of Munich and privately owned over four generations of the same family

Since its opening in 1841, this hotel has hosted royalty, politicians, Hollywood legends and pop stars. Bayerischer Hof offers 5 restaurants, 6 bars and a 1200 square meter pool. Its Blue Spa wellness area and the hotel shop for gifts fulfill all wishes of the discerning traveler.

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Hotel Option 2: Mandarin Oriental

Our alternative hotel recommendation is the Mandarin Oriental. This is a hotel of quiet luxury, tucked away in a side street, yet centrally located near the famed Maximilianstrasse. Travel + Leisure voted this hotel amongst their top 10 of the World's Best Hotels.

You will find an elegant gem of Neo-Renaissance charm with Asian influences, which has been entirely renovated, and the highest levels of personalised service in the city. Rooftop swimming pool offered in the summer with spectacular 360 degree views

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Lufthansa

Lufthansa Airlines

Lufthansa, founded in 1926, has the largest passenger capacity of all European airlines. You will be flying in Lufthansa Business Class, renowned for its superior product and service quality. Lufthansa's innovative planes provide you with more space during the flight for reading, working and relaxing with more privacy and room to move.

You are sure to enjoy the food too, which is prepared by world renowned Star Chefs with the highest emphasis on quality, light and fresh ingredients, so that you can arrive at your destination feeling fresh and ready to experience your destination to the fullest.

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Traditional Chinese medicine has always valued prevention and frequently uses the expression “the Saints treat a disease before its onset and eliminate the disorder before its onset” as a metaphor to emphasize the importance of treating an illness before it begins. The modern idea of “putting prevention first” is linked to this ancient Chinese medicine and is an important way of eliminating the possibility of illness and allows us to achieve the best approach to better health preservation.



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